

REGISTRATION

Spirit of the West 10K—Walk/Run, 5K—Run Races

Check-in/registration 6:00 AM—6:45 AM (*no registrations accepted after 6:45 AM*)

SATURDAY, AUGUST 5, 2017

The first 25 entries will receive a free Shirt

Name _____ Age _____ Sex M F Shirt Size: XL L M S
Mailing Address _____ Town _____ State _____ Zip _____
Phone (____) _____ Email _____ Cost: \$25

Participating in : Select One

5K Run 10K Walk 10K Run

One Registration Per Person

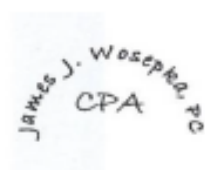
Endurance running inherently contains risk, which include injury and even possible death, and each runner should consult their physician before entering into a race. The City of Beach, Spirit of the West Committee and organizers are not liable for any injury or accidents that may occur before, during or after the race. Each participant participates solely at his or her own risk.

Sign _____ Date _____

Race Course and Description:

The 10K and 5K races begin at the Gazebo Park, downtown Beach; goes east to the "T" of highway 16, south on 16 to a turnaround point and back to the Gazebo park.

Thank You to Our Sponsors



Send Completed Registration w/\$25 fee to:

Mark K. Hardy,
P.O. Box 308
Beach, ND 58621-0308